

and affections of the mouth. Honey saturated with powders of Lodhra, Triphali, and Chitrakam, held in the mouth, cures diseases of the throat and the teeth. Gargles consisting of a decoction of the five astringent leaves *vis.*, Leaves of Patola, Nimva, Jamvira, A'mra, and Malati, should be regarded as the best in diseases of the mouth. The expressed juice of Lasuna, A'rdrakam, Shigru, Parula," Mulakam, or Kadali, administered lukewarm, forms the best ear-drop in Ofcalgia. In acute Otitis, attended with noise in the ears and a shiny discharge, the expressed juice of Snuhi should be poured into the tympanum, after dusting it with powdered rocksalt. Oil cooked with the expressed juice of Jatipatram, as well as Shunthi-oil, or warm mustard oil proves most efficacious in relieving earache*. Milk cooked in combination with the drugs of the Panchamula group, as well as a compound of Chitrakam, Haritaki and treacle, or a Shadanga soup (jusa) proves curative in cases of catarrh. By taking a light diet (lit. fasting) for five days in succession a man can get rid of the disorders of digestion! catarrh, fever, ulcer and inflammatory diseases of the eyes. Drops of the expressed juice of Dhatri, poured into the eyes, allay the local inflammation,*and the same result may be obtained by using honey and rocksalt with a solution of Shigru, Darvi, and Rasanjanam pasted together. A plaster composed of Haridra, Daru-Haridra, Rasanjanam, Gairikam and rock-salt pasted together and applied around the eyes relieves ocular affections. Plasters of

Abhaya fried with
melted butter, or of Triphala pasted with
milk, or a luke-warm
solution of a paste of Sunthi, Nimva
leaves and an extremely
small quantity of rocksalt poured into the
eyes in the manner
of an eye slave, proves efficacious
in all forms of ocular
complaints. A decoction of one
part of Abhay£, two parts
of Aksha, and one part of Amritam, or a
lambative of these
drugs made with the admixture of honey
and clarified butter,
and sticks made of Chandana, Triphala,
Puga, Palasha and
Tarumula pasted together with water cure
all forms of Timira,